

Overview: Year 7 PSHE follows three strands: Living in the Wider World is a themed area of PSHE content described by the PSHE Association. This theme covers several areas which children and young people need to know, relating to respecting others, being a responsible and contributing citizen of their community, their country and the wider world. Health and well being is a theme to developing knowledge, skills and attributes students need to keep themselves healthy and safe and prepare for life and work in modern Britain. Relationships explores different areas in connection to recognising different relationships, building new relationships, and recognising if a relationship is healthy and positive for their wellbeing.		
Autumn 01 2022 Weeks 1 – 6 (7 weeks) OCTOBER HALF TERM	Autumn 02 2022 Weeks 8 – 15 (7 weeks) CHRISTMAS	Spring 01 2023 Week 16- 22 (7 weeks) FEBRUARY HALF TERM
<p>Content – Health and well being done</p> <p>PSHE – AUT 1 British Values Transition and safety: Transition to secondary school and personal safety in and outside school, including first aid.</p> <p>Fortnight 1: Transition</p> <p>Fortnight 2: Community cohesion and The MA Way</p> <p>Fortnight 3: Identity and influences on this</p> <p>Fortnight 4: Diversity and equality</p>	<p>Content – Living in the wider world done</p> <p>PSHE – AUT 2 Developing skills and aspirations: Careers, teamwork and enterprise skills, and raising aspirations</p> <p>Fortnight 1: Careers and your future</p> <p>Fortnight 2: Financial education</p> <p>Fortnight 3: Raising aspirations ?</p> <p>Fortnight 4: Careers sessions – guest speakers</p>	<p>Content Relationships done</p> <p>PSHE SPR 1 Protected characteristics: Diversity, prejudice, and bullying</p> <p>Fortnight 1: The importance of Being Kind</p> <p>Fortnight 2: Prejudice, discrimination and Protected Characteristics.</p> <p>Fortnight 3: What Makes a Good Friend and child on child abuse. Friendships & Online Relationships</p>

<p style="text-align: center;"><i>Spring 02</i> Weeks 23 – 27 (5.5 weeks) EASTER</p>	<p style="text-align: center;"><i>Summer 01</i> Weeks 28 – 33 (6 weeks) WHIT</p>	<p style="text-align: center;"><i>Summer 02</i> Weeks 34 – 40 (7 weeks)</p>
<p>Content – Health and well being done</p> <p>PSHE – SPR 2 Theme: Health, healthy routines and influences on health.</p> <p><i>Fortnight 1: Sleep and Relaxation.</i></p> <p><i>Fortnight 2: Personal hygiene</i></p> <p><i>Fortnight 3: Tooth decay and mental health.</i></p>	<p>Content – Relationships done</p> <p>PSHE - SUM 1 Theme: Puberty, building relationships, self-worth, romance and friendships and relationship boundaries.</p> <p><i>Fortnight 1: Consent and Boundaries</i></p> <p><i>Fortnight 2: Self-Esteem</i></p> <p><i>Fortnight 3: Growing Up</i></p>	<p>Content - Living in the wider world done</p> <p>PSHE - SUM 2 British Values Theme: Decision-making, the role of Parliament and British Values.</p> <p><i>Fortnight 1: Making Decisions and financial choices</i></p> <p><i>Fortnight 2: Why is Politics Important and how is the country ran</i></p> <p><i>Fortnight 3: The Role of the Prime Minister and the role of the Monarchy</i></p> <p><i>Fortnight 4: British values and elections</i></p>